

Arikok National
Park in Aruba

AWAY

WHERE TO GO IN THE CARIBBEAN FOR...

Any occasion! Seriously.
Winter is coming, and the tropics are calling.

BY SIMONE CHERÍ

FUN WITH THE FAM

The Bahamas

A successful multigenerational getaway requires cozy sleeping space for everyone and activities that appeal to all. The Atlantis Bahamas (from \$379 a night), a luxury resort on Paradise Island, delivers on both points. A 30-minute cab ride from the airport, this 3,800-room property features five distinct hotels, so you can choose the accommodations that fit your needs and budget—a secluded three-bedroom suite with a full kitchen, an all-suite building with an adults-only pool, or newly renovated classic rooms, for example.

As for activities, there are water slides, pools, and cabanas galore, as well as nightclubs (even one for teens!), a movie theater, an ice cream parlor, a casino, marine expeditions, and more.

BEAUTIFUL ADVENTURE

Aruba

Known as One Happy Island, this southern Caribbean country could just as easily be called One Thrilling Island. Get your adrenaline pumping on the northern coast at the two-mile-long Palm Beach. You can swim in the crystalline water or soar as high as 600 feet in the air on a parasailing flight with Delphi Watersports (from \$75). When you're ready for more rugged terrain,

swing by Arikok National Park, where you'll find a desertlike, cacti-studded landscape, wild goats, and the very spelunkable Quadirikiri and Fontein caves.

Rest up at the Embassy Suites by Hilton Aruba Resort (from \$365 a night), which offers easy access to the low-key vibes of Eagle Beach. You may even get to see some sea turtles!

RELAXATION IN NATURE

Grenada

Grenada might very well harbor some of the most tranquil spots out there. Near the northern tip of the island sits River Sallee Boiling Springs, featuring six hot springs and an on-site massage therapist. For a different kind of hydrotherapy, head to Seven Sisters Falls, home to several of the island's waterfalls. Note: Some are only accessible through a challenging rainforest hike, but you'll get the most soothing soundtrack. Also, check out Grand Etang National Park and spend some time by the lake that's nestled in the crater of an extinct volcano.

For lodging that won't stress your budget, consider the Radisson Grenada Beach Resort (from \$158 a night), located by the palm-tree-lined Grand Anse Beach. It's got oceanfront rooms, a giant complimentary hot breakfast, and the always essential poolside bar. ■

95%
of women had
visibly-renewed skin

in just 14 days with moisturizing
Olay Retinol Body Wash.*

Vitamin B3
Complex

+

Retinol



*based on expert visual dryness grading vs. baseline

OLAY

Retinol



BODY WASH